

# Counting of the עֶמֶר, Omer, 2026

## Day 28

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### *Psalms 63: 1 – 11*

Sometimes when we read different portions of the Scriptures, we are reminded of certain songs that have been retained in our memory banks with vivid clarity. This morning, as I read the selection for today, a song that I learned a few years ago came to mind. For someone who has not been blessed with an exorbitant amount of musical ability or gifting, I was surprised that not only did some of the lyrics return, but also the melody and beat. The blessing I received as a result of starting to hum a tune was notable. But before commenting on how my mouth would offer joyful praises and other thoughts, please, if you are led, consider reading the following Psalm selections as you sing His praises on this fourth Shabbat, our day of rest during our Omer count to the Feast of Weeks.

### *Psalms 37: 1-10*

*Fret not yourself because of evildoers, neither be you envious against the workers of iniquity. 2 For they shall soon be cut down like the grass, and wither as the green herb. 3 Trust in Yahweh, and do good; so shall you dwell in the land, and verily you shall be fed. 4 Delight yourself also in Yahweh; and He shall give you the desires of thine heart. 5 Commit your way unto Yahweh; trust also in Him; and He shall bring it to pass. 6 And He shall bring forth your righteousness as the light, and your judgment as the noonday. 7 Rest in Yahweh, and wait patiently for Him: fret **NOT** yourself because of him who prospers in his way, because of the man who brings wicked devices to pass. 8 Cease from anger, and forsake wrath: fret not yourself in any wise to do evil. 9 For evildoers shall be cut off: but those who wait upon Yahweh, they shall inherit the earth. 10 For yet a little while, and the wicked shall not be: yea, you shall diligently consider his place, and it shall not be.*

In the last couple of days, the Psalmist has told us that we should delight ourselves in Yahweh and make a commitment to walk on the Torah obedient Path that Yahweh has designed for **ALL** of His Children to walk on, because, according to the Psalmist, when we do that, Yahweh will bring forth our **righteousness as a light that is as bright, as the noonday Sun**, onto the peoples of the nations of the world who are mired in darkness. Here in *verse 7*, the Psalmist also says, rest in Yahweh, and wait patiently for Him.

For most people, including myself, patience is one of the attributes that we have difficulty with, and therefore we have to work hard to develop an attitude of patience, and, I don't know about you, but for me, it is one of the hardest things to do, even though I **KNOW** that I need to develop this quality. The word Patient in Hebrew, is the word Arak or Orek, אָרַךְ, which means, to be long, was long, lasted, lasted long, **long suffering, patient**, protracted, he lengthened, prolonged, it became long, was lengthened, length, longitude, and I am ashamed to say, that even though I am in my seventies, I still have a lot of problems with patience, which means, that although I have greatly improved in that department, I still have a very long way to go, to be **as long suffering** and patient as Messiah has been, and still is with me. But as I have said many times before, we are all works in progress, and the key word here, is, progress. Which means, that if we are indeed progressing in our endeavours to

resolve our problems, whatever those problems may be, it means that we are winning the battle, and, as long as we are progressing, our heavenly Father will continue to help us, through His Holy Spirit.

Next the Psalmist admonishes us, ***NOT to fret ourselves*** because an evildoer prospers in his way, or because, a wicked man brings wicked devices, to pass. This makes it very clear to me, that Yahweh wants all of us, to turn all of our problems over to Him, and plead with Him to help us resolve them.

Yahweh has made it very clear, in Scripture, that we are ***NOT*** to be anxious about anything, but that instead, by prayer and supplication, with thanksgiving we are to make our request Known to Yahweh and, if we can do that, then the Scripture tells us that the Shalom, the peace, the completeness of Yahweh, which passes all understanding will guard our hearts and our souls through Yeshua the Messiah, who is the Words of the Living Torah made flesh, who ***HAS*** a longsuffering heart, He has the patience that we need to get through Life.

The Word of Yahweh, His Torah, is synonymous with Grace, Mercy, Love, Righteousness, His Life giving Bread, Security, Dependability, Inerrant, Everlasting, Abundance, Protection, Forgiveness, and Salvation, to name but a few, and ***IF*** Yahweh did ***NOT*** exist, or ***IF*** He sovereignly decided that He had had enough of mankind, and chose to leave us to our own devices, then, there would be no more Grace, no Mercy, no Love, no Righteousness, no Life Giving Bread, no Security, no longsuffering, no forgiveness, no one to depend on, no inerrancy, no everlasting life, no abundance, and no salvation, and I know that I would not want to live in a world that lacks these beautiful attributes. That, my friends, ***IS*** one of the reasons why I am filled with thanksgiving on a daily basis for Yahweh's marvellous teaching and instructions, the Words of His Torah of Life, for when the Words of His Torah of Life ***ARE*** followed and obeyed with a surrendered contrite obedient loving heart, then, that heart ***WILL*** indeed experience all of these wonderful blessings, brought on by Yahweh's given attributes. So, keep counting the Omer, keep obeying His marvellous Commandments from your heart, and you ***WILL*** experience these attributes, for they are embedded in the Words of His Torah, His inerrant and everlasting Word, and activated or brought to life, by surrendered obedience to Words of His Torah. Amen

### ***Psalms 63: 1 – 11***

*O Elohim, You are my Elohim; early will I seek You: **my soul thirsts** for You, my flesh longs for You in a dry and thirsty land, where no water is; To see Your power and Your glory, so as I have seen You in the sanctuary. Because Your lovingkindness is better than life, my lips shall praise You. Thus will I bless You while I live: I will lift up my hands in Your Name. My soul shall be satisfied as with marrow and fatness; and my mouth shall praise You with joyful lips: When I remember You upon my bed, and meditate on You in the night watches. Because You have been my help, therefore in the shadow of Your wings will I rejoice. My soul follows hard after You: Your right Hand upholds me.*

Can you honestly say that ***your soul thirsts*** for Yahweh, or that you are ***seeking Him with all your heart?***

Do you live in a dry and thirsty land, where there is no water, the water of the Word of Life, the Words of Yahweh's Life giving Torah?

Do you long to see Yahweh's righteousness, and His power in action, in your life?  
Are you prepared to surrender your whole life, to Yahweh, no matter what circumstances you encounter?

Are you willing to say, I shall accept the **WILL** of Yahweh for my life, and live with the consequences, even though Yahweh's will, for your life may **NOT** be exactly what you want at this time?

Are you willing to believe that Yahweh loves you with a perfect love, and that He wants the very best for you, therefore, will you accept the role that He has given you to carry out, even though it might not be what you wanted or expected?

According to this Psalm, David had such a heart, and David is the perfect example of what happens to a person, who chooses to willingly surrender his life to our heavenly Father. David's life was filled with success and turmoil, success when he obeyed the Word of Yahweh and chaos or turmoil when he did **NOT** obey the Word of Yahweh.

We too can have the successes that David had in his life, because of the love that our heavenly Father has for each and every one of us. The successes that David experienced are available to all who choose to follow and obey the Word of Yahweh's Torah of Life, with loving, surrendered obedient hearts. As you read about the life of David, you will see that he made many mistakes in his life, but, the overriding theme, of David's life, **IS** his love, his zeal for the Word of Yahweh, His Torah of Life. When David was confronted with the fact that he had transgressed the Word of Yahweh, the Torah, he repented, he wore sackcloth, and poured ashes upon himself, he atoned for his sins by offering the sacrifices that Yahweh had Commanded in His Torah, and determined in his heart **NOT** to willingly commit that transgression anymore, and because of David's love for the Words of Yahweh's Torah of Life, the Scriptures tell us that David was a man after Yahweh's **OWN HEART**.

As you read the Psalms that David wrote, I hope that you can see what I see, and, that **IS**, the great love that David had for the Word of Yahweh, and **IF** we can learn to develop that same love for the Word of Yahweh, for His Torah of Life, **THEN**, we too will hear Yahweh say of us, you are a person after My own heart.

Messiah said **IF** you love me **KEEP** My Commandments, and our heavenly Father said the same thing in *Exodus 20:6 And showing mercy unto thousands of them that love Me, and KEEP My Commandments.*

*John 14:15 If you love Me, keep My Commandments.*

*John 15:10 If you keep My Commandments, you shall abide in My love; even as I have KEPT My Father's Commandments, and abide in His love.*

All three verses say the same thing, but in a different way. That is because our heavenly Father and His Living Torah made flesh, our Messiah, and our Father's Holy Spirit, together with all the other manifestations of Yahweh, **ARE ONE**, they are the same entity, expressed in a different way, and as such, the **ONENESS** of our heavenly Father **IS** inerrant and unchanging. Please understand that the

**REVERSE** of what Messiah said in *John 15:10* is also true, ***If you DO NOT KEEP My Commandments you SHALL NOT abide in My love.***

David understood the **ONENESS** of Yahweh, and therefore, he worshiped and obeyed his heavenly Father, because of whom and what ***He WAS, IS, and always WILL BE.*** The beauty of Yahweh's Oneness is that whatever manifestation that He chooses to appear to us in, **HAS THE WHOLENESS** of the character of Yahweh, for He **IS** Yahweh, and as such, whatever He says when He is manifested as the Son, is the exact same thing that He says, when He is manifested as the Father, or as His Holy Spirit, or as His Messenger, or as Melchizedek, or whatever way or form that He sovereignly chooses to manifest Himself in.

Our heavenly Father is omnipotent, omniscient and omnipresent, and as such, He is not affected by time or space, and therefore He does **NOT** age or change, He does not grow older and wiser for He **IS OMNISCIENT**, He is perfect and He seeks people that live a life that says, ***I LOVE YOU*** with all my heart, and ***I WILL KEEP*** Your Commandments.

How does that make you feel today, on this 28<sup>th</sup> day of counting the Omer, because you have chosen to be obedient to the Commandments of Yahweh by counting the Omer? That obedience my friends, **IS** what Yahweh **IS SEEKING**, He is **seeking** surrendered obedient hearts, that **LONG** for His righteousness, the Words of His Torah of Life, therefore, He was able to say of David, you are a man after My own heart. ***Will Yahweh be able to say that about you? I hope so! Amein***

One of the things that I love about Scripture is, I love to find out the Gamatria of words and how they interconnect with each other, so today being the 28<sup>th</sup> day of the counting of the Omer, I thought I would give you a little taste of what can be found in the Words of Yahweh's Torah, the inerrant and everlasting teaching and instructions of our heavenly Father, by studying the gamatria of Yahweh.

As I said, today is day 28<sup>th</sup> day of counting the Omer and therefore I have chosen some of the Words of Elohim that have the gamatria of 28, and they are the words, אַהַבְּךָ, Ahavcha, *I love you*, בַּיהוָה, BaYahweh, *in YHVH*, בָּכִי, Bachu, *cried*

Now when I put these words together, the words that have the gamatria of 28, this is the message that I see.

Messiah is weeping, בָּכִי, Bachu, for His people, the ones that the Father gave Him (*John 17*) because they have turned away from the Word of our heavenly Father's Torah, His inerrant and everlasting teaching and instructions, and He says to all that would surrender their hearts to the Father and obey His Commandments, I love you, אַהַבְּךָ, Ahavcha, and **IF** you will just learn to abide in Me, the Words of the Living Torah made flesh, **IF** you will abide in Yahweh, בַּיהוָה, BaYahweh, then I will ensure that you stay on the designated path that leads all people who follow it, to salvation, everlasting Life, and you will have the incredible privilege of spending eternity with Me, as My Bride in the kingdom of My Father. That, my friends, is the heart of our heavenly Father, for it is His wish, that **NONE** would perish. Amein

*Studying and keeping Torah together as a community.*

*Have a great Elohim blessed week and may Yahweh bless your every thought,  
and your every deed. Until we meet again. Shalom Alechem!*