

Counting of the עֹמֵר, Omer, 2026

Day 25

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Psalms 15: 1 – 5

Today is one of those times when we can reflect on some Scriptures that specifically had an impact in our lives. Hopefully, we can all remember certain situations during our walk with Messiah, the Words of the Living Torah of our heavenly Father, made flesh, when His Word, was used to convict us to look at our own lives, and make changes that will effectively alter our life course direction; for most, if not all of us, there is a need to correct many areas in our lives. Certainly for those who are diligently seeking to abide in obedience to our Most High Elohim, we can identify with these thoughts, as we come to the halfway point on our sojourn to the Feast of Shavuot, the Feast of Weeks. However, before we turn to character issues that reflect the heart of our Creator, **IF** you are led, please take the time to lift up your voice to proclaim His faithfulness and mercies that are new each morning (*Lamentations 3:23*).

Psalms 37: 1-10

*Fret not yourself because of evildoers, neither be you envious against the workers of iniquity. 2 For they shall soon be cut down like the grass, and wither as the green herb. 3 Trust in Yahweh, and do good; so shall you dwell in the land, and verily you shall be fed. 4 Delight yourself also in Yahweh; and he shall give you the desires of thine heart. 5 Commit your way unto Yahweh; trust also in Him; and He shall bring it to pass. 6 And He shall bring forth your righteousness as the light, and your judgment as the noonday. 7 Rest in Yahweh, and wait patiently for Him: fret **NOT** yourself because of him who prospers in his way, because of the man who brings wicked devices to pass. 8 Cease from anger, and forsake wrath: fret **NOT** yourself in any wise to do evil. 9 For evildoers shall be cut off: but those who wait upon Yahweh, they shall inherit the earth. 10 For yet a little while, and the wicked shall not be: yea, you shall diligently consider his place, and it shall not be.*

Today I would like to look into *verse 4* and try and understand what the Psalmist is telling us. The Psalmist says, that he wants all of us to delight ourselves in Yahweh. The words that the Psalmist chose to use when he said, הִתְעַנְּג עַל־יְהוָה, HitAnag **delight** yourself, Al, in Yahweh, וַיִּתֶּן־לִי מִשְׁאֲלוֹת לִבִּי, VaYiten, and (He) shall give, Lak, unto you, Mishalot, the desires, the petitions, Libeka, of your heart. The word, HitAnag, is from the word, Anag, which means, to be soft, be tender, **to please, he took delight in, amused himself, he caused joy, he made soft, made tender, made dainty, he made pleasant, he took exquisite delight in**. Now that you know the full definition of the word Anag, can you honestly say, that **YOU** Anag, that you take **exquisite delight** in spending time with Yahweh, do **YOU amuse yourself** by choosing to study the marvelous Words of His Torah of Life, to see what Gems you can uncover, and if you do, do you feel His tender mercies flowing off of the pages of Scripture, straight into your heart, when they speak to you, of His great love for you? Do you get a pleasant feeling when you are in His presence, spending time with Him? Well, all of that is what the Psalmist is asking you to do, when he says, HitAnag, **delight yourself in Yahweh**. Then the Psalmist says, **IF** you can do that, **IF** you can HitAnag, if you can get exquisite delight in Yahweh, then Yahweh **WILL** give you the desires, the petitions of your heart. That my friends **IS** a

guaranteed outcome, for when you get exquisite pleasure out of the Words of our heavenly Father's Torah of life, all you want to do, is spend more time in the Scriptures, because your heart has experienced the **JOY** of Yahweh's presence in your Life, and when that happens, your heart soars, and can't wait to experience that feeling over and over again. My advice to you, is try and do what the Psalmist has done, and **Anag** your self in Yahweh.

Psalms 15: 1 – 5

*Yahweh, **WHO** shall abide in Your tabernacle?*

***WHO** shall dwell in Your holy hill?*

*He that walks **uprightly***

*He that Works **righteousness***

*He that Speaks the **TRUTH** (Torah, Psalm 119:142) in his heart*

*He that does **NOT** backbite with his tongue*

***NOR** does evil to his neighbour*

***NOR** takes up a **reproach** against his neighbour*

*He, in whose eyes, a **vile person is contemned***

***BUT** instead, He **honours** them that fear YHVH*

*He that swears to his own hurt, and **does NOT** change.*

*He that **does NOT** put out his money to usury,*

*He that does **NOT** take a reward (Bribe) against the innocent.*

HE THAT DOES THESE THINGS, SHALL NEVER BE MOVED.

The questions that the Psalmist asks in *verse 1* is a question that I would dearly love to have the answer to, so that I **CAN ABIDE** in Yahweh's Tabernacle and **DWELL** in His Holy hill. So let's see if we can find the answer to the Psalmist's questions. Let's list the characteristics that the Psalmist has defined as the necessary qualifications to **ABIDE** in Yahweh's Tabernacle and **DWELL** in His Holy Hill.

He that walks uprightly, Tamim, תָּמִים

He that works righteousness, Tzedek, צְדִקָּה

He that speaks the Truth, Emet, אֱמֶת, in his heart

He that does not backbite, slander, Ragal, רָגַל, with his tongue

He that does no evil, Ra'ah, רָעָה, to his neighbour

He that does not take up a reproach, Cherpah, חֶרְפָּה, against his neighbour

He, in whose eyes a vile person is contemned, despised, Vazah, בָּזָה

He who honours, Keved, כִּבֵּד, them that fear, Yerah, יָרָא, Yahweh

He that swears, Nishbah, נִשְׁבַּע, to his own hurt,

He that does not change, Mur, מוֹר,

He that does not put out his money to usury, Neshek, נִשְׁךְ,

He that does not take a reward, bribery, Shachad, שָׁחַד, against the innocent, Naqi, נָקִי

The word Tamim is the word used when referring to the **continual** daily sacrifice that was offered every morning and every evening at the temple. The Psalmist is therefore telling us that the righteous

man *continues to walk in righteousness, day in and day out*, which means, he is a man that has made a commitment to live by, and obey Yahweh's eternal **TRUTH**, which in turn, means, that he is man that lives **BY** and **OBEYS** the Words of Torah of our heavenly Father, for His Torah **IS TRUTH**, (*Psalm 119:142; John 17:17*), **AND** the man who lives by our heavenly Father's **TRUTH**, the Words of His **TORAH OF LIFE, DOES NOT slander others, NOR** does he walk in the way of the ungodly, for the word *Ragal* has the same spelling as the Hebrew word for feet, *regel*, רֶגֶל, which means foot or feet, furthermore, he is a man that does **NO** evil, *Rah*, רָע, the word *Rah* is the opposite of the word, *Tov* which is translated as good in the Scriptures, but from a Hebrew perspective, it means functional, or functioning in the manner that Yahweh created all of mankind to function, which is in total loving surrendered obedience to all the words of His Torah of Life, and the word *Rah*, means dysfunctional.

Therefore the Psalmist is telling us, that the **RIGHTEOUS MAN** is the one who **Functions** in the manner that Yahweh has ordained and created all of mankind to function, and that function is achieved by willingly obeying the Words of His Torah of Life, His inerrant and everlasting teaching and instructions, and:

That **MAN**, will also be a man who despises what Yahweh despises, he will despise evil, רָעָה, **BUT** he will honour the heavier matters of the Torah, the teaching and instructions of Yahweh, for the word *Keved* means heavy.

That **MAN**, the **MAN** that walks in the **RIGHTEOUS WAYS** of Yahweh will *Yirah*, will fear Yahweh. The word *Yirah*, יָרָא, means *flows out of*, so the **MAN** that fears Yahweh, **IS** the **MAN** that believes, obeys and **TRUSTS** that which flows out of Yahweh, and what flows out of Yahweh, **IS** of course, the Words of His inerrant and everlasting teaching and instructions, His Torah of life.

That **MAN** will also swear, *Nishba*, נִשְׁבַּע, make an oath that He will follow the Ways of Yahweh, even at the cost of his own life;

That **MAN** will also be steadfast and unchanging for he **TRUSTS** and obeys the Torah (Law), the Words of the Torah of our heavenly Father;

That **MAN** will also be kind and generous and have a heart to help others,

That **MAN** will always give freely of his time and money to help others,

That **MAN** knows, that all riches come from Yahweh (*Deut. 8:18*),

That **MAN** will never bribe or reward the wicked for their abominations,

That **MAN** will protect all the innocent people and follow the Ways of the Master.

That is the role that Messiah fulfilled when He was here on earth with us, and that is the role that **both He and our heavenly Father, want ALL OF US to emulate.**

Therefore, when we willingly choose to take on that role, **THEN** we can say of ourselves: **WE WHO DO THESE THINGS SHALL NEVER BE MOVED.**

Now as you can see, this is indeed a long list, however, we must **NOT** get discouraged **IF** we fall short in some or all of the areas mentioned in this Psalm. Please remember, that by keeping the Omer count, as you are doing today, you are being obedient, you are being **righteous**, you are standing for the **TRUTH**, the Torah, you are considering the **heavier** matters of Torah and **obeying** them, you are **fearing** Yahweh, and **obeying** what emanates from Him, which means that you are well on your way to mastering some **IF NOT ALL** of what **IS NEEDED TO BE** the **MAN** or **WOMAN** that **SHALL ABIDE IN YAHWEH'S TABERNACLE AND DWELL IN YAHWEH'S HOLY HILL FOREVER.**

I wish you a great 25th day of the counting of the Omer, and, please realize that Yahweh **loves you** more than any of us can ever imagine, keep that thought with you, throughout the day, and it will encourage you in everything you do. We are half way there!!! *Shalom Alechem*

Studying and keeping Torah together as a community.

Have a great Elohim blessed week and may Yahweh bless your every thought, and your every deed. Until we meet again, שְׁלוֹם עֲלֵיכֶם, Shalom Aleykem. Amein!