

# Counting of the עֶמֶר, Omer, 2026

## Day 24

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### *Psalms 11: 1 – 7*

Like the morning dew, the rhythm of life continues without much interruption. But no matter how routine your life has become, **IF** you take the time to listen to your heartbeat, call upon Yahweh, and truly **DESIRE** His presence, you might be surprised, for He is always there with a willing ear, desiring to commune with His children. The challenge is ordering your day so that you prioritize your time with Him, in a quiet place, where you can be away from the distractions of life. This however, takes a certain amount of discipline in order to achieve some precious moments with Him. Now for the past twenty-four days, that I have committed to count the Omer, and my dedication to meditating on the selected Psalms has been a tremendous blessing to me. My relationship with Yahweh is being renewed to a point, where I believe, He is pleased to reveal more and more about the intimacy that He desires to have with all of His children. Interestingly, as I pondered *Psalms 11* last night, and this morning, the remembrance of tests, and or trials and tribulations came to forefront of my thinking. But before commenting on those thoughts, if you are led, please take the time to consider reflecting on the following passages from the Book of Psalms:

### *Psalms 37: 1-10*

*Fret not yourself because of evildoers, neither be you envious against the workers of iniquity. 2 For they shall soon be cut down like the grass, and wither as the green herb. 3 Trust in Yahweh, and do good; so shall you dwell in the land, and verily you shall be fed. 4 Delight yourself also in Yahweh; and He shall give you the desires of your heart. 5 Commit your way unto Yahweh; trust also in Him; and He shall bring it to pass. 6 And He shall bring forth your righteousness as the light, and your judgment as the noonday. 7 Rest in Yahweh, and wait patiently for Him: fret **NOT** yourself because of him who prospers in his way, because of the man who brings wicked devices to pass. 8 Cease from anger, and forsake wrath: fret not yourself in any wise to do evil. 9 For evildoers shall be cut off: but those who wait upon Yahweh, they shall inherit the earth. 10 For yet a little while, and the wicked shall not be: yea, you shall diligently consider his place, and it shall not be.*

Here in *verse 3* the Psalmist says: *Trust in Yahweh, and do good; so shall you dwell in the land, and verily you shall be fed.* First of all, we have to ask ourselves, what does it mean to **TRUST** in Yahweh? The Hebrew word that is translated, as the word, Trust, is the word, Betach, בָּטַח, which means, to trust, to rely on, depend upon, to be at ease with, be assured, promised, safety, security, tranquility, confidence. Therefore, the Psalmist is telling us that he, relies, depends on, is at ease with, and is assured by Yahweh, that he can depend on His Promises, and be at ease with the Words of His Torah, which offers him safety, security, peace and tranquility. And because he feels all these things, he knows that if he, or anyone else for that matter, learns to trust in Yahweh, that they will dwell safely in the land where Yahweh has placed him. Furthermore, he is also very confident, that He will never want for food, because Yahweh promised him in His Word, that he would always be fed. We have to understand that back in those days, there was no welfare, no unemployment insurance or anything like that, if the land didn't produce, you and your family would starve,

therefore, when the Psalmist says: that **IF** you trust in Yahweh you **WILL be fed**, it meant a lot more back then than it does today, but Yahweh's Words, and promises are still in full force today, for His Words are eternal, therefore what He promised back then, is still true today.

### ***Psalms 11: 1 – 7***

*In Yahweh I put my trust: how say you to my soul, Flee as a bird to your mountain? 2 For, lo, the wicked bend their bow, they make ready their arrow upon the string, that they may privily shoot at the **upright** in heart. 3 If the foundations be destroyed, **WHAT** can the righteous do? 4 Yahweh is in His Holy Temple, Yahweh's throne is in heaven: His eyes behold, His eyelids try, the children of men. 5 Yahweh **tries the righteous**: but the wicked, and him that loves violence, His soul **hates**. 6 Upon the wicked He shall rain snares, fire and brimstone, and a horrible tempest: **this shall be the portion of their cup**. 7 For our righteous, Yahweh loves **righteousness**; His countenance does behold the upright.*

This is a very beautiful Psalm and it tells us of the realities of life. The Psalmist warns us, that we will always have the enemy of our souls with us, while we are here on this earth, on this side of eternity. The enemy will always try to steal, kill and destroy us, and everything we have, **BUT, IF** we can learn to **TRUST Yahweh**, **IF** we can learn to shemah His Word, that is, **IF** we can learn to hear, listen, pay very close attention to, understand, believe, follow, and obey the Words of our heavenly Father's Torah of Life, **THEN** we are told that Yahweh's countenance **DOES BEHOLD THE UPRIGHT**. The English word **behold** in this *verse* is the Hebrew word, Chazeh, חָזַח, which means, to gaze at, to see, perceive, contemplate with pleasure, he looked upon with approval, behold, prophesy, prophet, provide, perceived, he prophesied, he predicted, he forecast, it also means, breast offering, agreement. So when the Psalmist says that Yahweh's countenance does **BEHOLD** the **Upright**, it means that we, who are upright, **ARE** in agreement with what Yahweh is telling us, it means that we **see eye to eye** and **agree** with **ALL** that Yahweh teaches us, and the **breast offering** is an example of the provisional power that Yahweh has, and that He exercises quite liberally, when anyone decides to become obedient to the Words of His Torah of Life. Yahweh's countenance, **IS** His character, His whole being, and that is what we receive when we obey the Words of His inerrant and everlasting teaching and instructions with surrendered, obedient and repentant hearts.

We are told in *verse 5* that Yahweh tests the righteous, but the wicked and those that love violence (Chamas) His soul abhors. The word used for hate or abhor is the Hebrew word *Sane*, שָׂנֵא, and Strong's Concordance defines this word as, enemy, foe, hate, enmity, he hated, he caused to be hated, made hateful, he became hateful, he hated violently, there is also another Hebrew word with the exact same spelling, but different vowel points, and it is the word *Shenah*, שָׁנֵא, which also means to hate, but it has an additional meaning, and that is, sleep, slumber, change. Now that you have the definition of the words that Yahweh sovereignly chose to use, what do you think the Psalmist is trying to tell us, by using these particular word in this *verse*? In Scripture, when people die, we are told that they **sleep**, so here the Psalmist is telling us that those who **DO NOT** believe the **Word of Elohim**, are **NOT** only the enemies of Elohim, but they are **THE WALKING DEAD**, for **TRUE LIFE** can **ONLY COME FROM** the **WORDS of YAHWEH**, from His Life Giving Torah. *Leviticus 18:5 You shall therefore KEEP My Statutes, and My Judgments: which IF a man DOES, HE SHALL LIVE by them: I am Yahweh.*

Please understand, and believe in your heart of hearts, that **IF** you willingly and lovingly choose, to put your complete **TRUST in YAHWEH**, you **WILL BE TESTED**. You are **NOT** tested by Yahweh so that He can know what you will do, for He is omniscient, **BUT, YOU ARE TESTED, SO THAT YOU WILL KNOW, WHAT YOU WILL DO**, and hopefully grow stronger in the process, because of it. Our heavenly Father puts us through tests, so that we will get stronger and stronger, and when the time comes that we have no other recourse **BUT TO TRUST YAHWEH** with all our hearts, souls, minds and strength, **THEN** that Life giving relationship will already be well established, and Yahweh will hear our prayers and answer them.

*Proverbs 3:12 For whom Yahweh loves He Corrects; even as a father corrects the son in whom he delights.*

*Deuteronomy 13:1-4 If there arise among you a prophet, or a dreamer of dreams, and gives you a sign or a wonder, 2 And the sign or the wonder **DOES** come to pass, whereof he spoke unto you, saying, **Let us go after the gods of others**, which you have **NOT** known, and let us **Serve** them; 3 You shall **NOT** hearken (Shema) unto the words of that prophet, or that dreamer of dreams: for Yahweh your Elohim **PROVES** (Tests) you, to know whether you love Yahweh your Elohim with all your heart and with all your soul. 4 You **SHALL** walk after Yahweh your Elohim, and fear Him, and **KEEP His Commandments, and obey His Voice, and you SHALL serve Him, and cleave unto Him.***

So the next time you feel you are being tested, please don't be angry with our heavenly Father, but instead, thank Him for the test, because it is an indication that He wants you to draw even closer to Him, and instead of being angry, treat those tests, as an opportunity to ask Him what you are to learn from this test that you are going through.

As you continue to count the Omer and set the time aside to spend with our heavenly Father, in order to study and contemplate His Word, as you steadfastly read these *verses* everyday, please understand that our righteous Yahweh **LOVES righteousness, and, obedience** to His Word, **IS**, by definition, **Righteousness** (Deuteronomy 6:25), therefore, please know, in your heart, that Yahweh loves what you are doing, when you obey His Commandments, and we are told that when Yahweh loves what we are doing, He lifts up His countenance upon us, which means that He brings the whole of His being, the whole of what and who He is, into our lives; and that my friends is what we all receive when we choose to willingly obey Yahweh's Command to count the Omer.

*Deuteronomy 6:25 And it **SHALL** be **OUR RIGHTEOUSNESS, IF we observe to do ALL these Commandments** before Yahweh our Elohim, as He has Commanded us.*

Be blessed my friends, until we meet again tomorrow, where Yahweh will once again lift His countenance upon you, because of your willing heart to obey Him today. Amein

*Studying and keeping Torah together as a community.*

*Have a great Elohim blessed week and may Yahweh bless your every thought, and your every deed. Until we meet again, שְׁלוֹם עֲלֵיכֶם, Shalom Aleykem. Amein!*