

Counting of the עֶמֶר, Omer, 2026

Day 23

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Psalms 1:1-6

Since we have completed the suggested readings from *Psalms 119*, now, for the remaining twenty-eight days of the Omer count, we are going to go through a variety of other instructional blessings found in the Psalms. We will be delving into in the streams of the living waters that flow through Yahweh's beautiful inerrant and everlasting teaching and instructions. We have been through the Hebrew *Aleph-Bet* as we read *Psalms 119*, and the beautiful gems that are available to us through the Hebrew language, have hopefully been indelibly etched in our minds. With the *Aleph-Bet* as a basis for further meditation, we can let the beautiful words of the different Psalmists permeate our souls and have our daily walk through these next Psalms draw us nearer to our heavenly Father, by pursuing and choosing to lovingly obey, the Living Torah, our Messiah and the righteousness that can only come from obeying the Words contained in His Torah of Life (*Deuteronomy 6:25*). To begin with, one of the most beautiful Psalms ever written is *Psalms 1* with its beautiful and poignant message that speaks of the blessing that we receive, **IF** we choose to walk as Messiah walked; in total loving surrendered obedience to the Words of our Father's inerrant and everlasting teaching and instructions, His Torah of Life. I have often relied on this Psalm for comfort, and, at our Erev Shabbat meal, my lovely Bride, Janice, often speaks the words of this Psalm into my life. What a blessing the Word of Yahweh can be, when it is used as our Father intended it to be used. I am convinced that for millennium, millions of the followers of the Elohim of Abraham, Yitzchaq, and Ya'aqov have memorized this opening Psalm because of the contrasting wisdom imparted to those who seek to be blessed by Elohim. Today we are also going to look at part of Psalm 37, where we are warned by Yahweh, not to be concerned nor envious of any people that commit iniquity, that transgress the Torah and seem to prosper. But before we comment on some of the counsel that is expressed, please take the time, if you are led, to consider the recommended Psalm selections for today.

Psalms 37: 1-10

*Fret not yourself because of evildoers, neither be you envious against the workers of iniquity. 2 For they shall soon be cut down like the grass, and wither as the green herb. 3 Trust in Yahweh, and do good; so shall you dwell in the land, and verily you shall be fed. 4 Delight yourself also in Yahweh; and he shall give you the desires of your heart. 5 Commit your way unto Yahweh; trust also in Him; and He shall bring it to pass. 6 And He shall bring forth your righteousness as the Light, and your judgment as the noonday. 7 Rest in Yahweh, and wait patiently for Him: fret **NOT** yourself because of him who prospers in his way, because of the man who brings wicked devices to pass. 8 Cease from anger; and forsake wrath: fret not yourself in any wise to do evil. 9 For evildoers shall be cut off: **BUT** those who wait upon Yahweh, they shall inherit the earth. 10 For yet a little while, and the wicked shall not be: yea, you shall diligently consider his place, and it shall not be.*

What do you think about what Yahweh has said in *verse 2*, about what is going to happen to the evildoers and the workers of iniquity, where He says ***they will soon be cut down like grass, and wither like the green herbs?*** Does it make you want to obey the Commandments of Yahweh, so that this does not happen to you? Do you think that the punishment that these evil doers will receive is too severe?

I ask these questions because many people will indeed believe that Yahweh is being too harsh, with His punishment. When I hear that kind of answer, it tells me that they do ***NOT*** know our heavenly Father, ***NOR*** His Words of Life, for Scripture makes it very clear, that our heavenly Father does ***NOT*** take any pleasure at all, in the fact that the evil doers will perish, but instead, He would prefer that they would all turn away from their wicked ways and live.

Now when Yahweh says that He would prefer that they turn from the wicked ways, and live, that makes it very clear to me, that our heavenly Father, loves them also, and that His Words, are a warning to any and all people, that they should ***NOT*** choose the path of life that is actually contrary to the Words of the Creator of the Universe, the Words of our heavenly Father's Torah of Life, for He makes it very clear that the people who do so, ***WILL PERISH***.

Scripture is filled with Yahweh's warnings of what will happen to people who choose to walk contrary to the Words of His Torah of Life, and not only that, all of creation is filled with evidence that there is a Creator, and therefore, it behooves everybody, to at least try and find out who He is and what He wants from His created beings. Scripture also makes it very clear that Yahweh does ***NOT*** change, and because He loves all of His Created being the same, He has shown us the Righteous Path that He wants all of us to walk on, so that we will ***NOT*** perish. Therefore He makes all people responsible to work out their own salvation. Obey and be blessed, disobey and be cursed.

Malachi 3:6 For I am Yahweh, ***I DO NOT CHANGE***; therefore you sons of Ya'aqov are not consumed.

Psalm 89:3-4 I have made a Covenant with My chosen, I have sworn unto David My servant, 4 Your seed will I establish ***FOR EVER***, and build up your throne to ***all generations***. Selah.

Psalm 119:89 ***FOR EVER***, O Yahweh, Your Word (Torah) is settled in heaven.

Ecclesiastes 3:14-15, I know that, whatsoever Yahweh does, ***IT SHALL BE FOR EVER: NOTHING can be put to it, NOR anything taken away from it:*** and Yahweh does it, so that men should fear before Him. 15 That which has been is ***NOW***; and that which ***IS TO BE HAS ALREADY BEEN***; and Elohim requires that which is ***PAST***.

Isaiah 40:8 The grass withers, the flower fades: ***BUT the Word, the Torah of Yahweh SHALL STAND FOR EVER***.

Matthew 5:18 For verily I say unto you, ***Till heaven and earth pass, NOT even ONE JOT OR TITTLE SHALL IN NO WISE pass from the Torah (Law), till all be fulfilled***.

James 1:17 Every good gift and every perfect gift is from above, and comes down from the Father of Lights, with whom IS NO VARIABLENESS, NEITHER SHADOW OF CHANGING.

1Peter 1:25 But the Word of Yahweh ENDURES FOR EVER. And this is the Word which by the Gospel of our Salvation (Yahweh's TRUTH, the Words of His Torah of Life) IS preached unto you.

In other words, the Gospel preached by all the Apostles, is derived from the **EVERLASTING UNCHANGING and INERRANT** Words of our heavenly Father's Torah of Life, and those Words my friends, **ARE** Yahweh's inerrant and everlasting teaching and instructions for **LIFE**.

All decisions need to be made on solid foundations, and what better foundation than the **UNCHANGING, INERRANT and EVERLASTING teaching and instructions of Yahweh, the Words of His Living Torah, His Torah of Life?**

We started the counting of the Omer with *Psalm 23* and then we went to *Psalm 1*, and I was inspired to go through *Psalm 1* once more as the additional reading for today.

Psalms 1: 1 – 6

Blessed is the man that walks not in the counsel of the ungodly, nor stands in the way of sinners, nor sits in the seat of the scornful. But his delight is in the Torah (Law) of Yahweh; and in His Torah (Law) does he meditate day and night. And he shall be like a tree planted by the rivers of water, that brings forth his fruit in his season; his leaf also shall not wither; and whatsoever he does shall prosper. The ungodly are not so: but are like the chaff which the wind drives away. Therefore the ungodly shall not stand in the judgment, nor sinners in the congregation of the righteous. For Yahweh knows the Way of the righteous: but the way of the ungodly shall perish.

As we look at this Psalm, we seem to have three categories; 1- *the counsel of the ungodly*, 2- *the way of the sinners* and 3 – *the seat of the scornful*.

So, let us begin with the lesson that Yahweh wants us to learn from the man that does **NOT WALK, STAND nor SIT** in the Ways of the enemy of Yahweh. We are told in Scripture, that there are two seeds, the seed of the woman, which of course **IS** Yisrael, the firstborn of Yahweh, His First regenerated one, and the seed of the serpent, who happens to be the enemy of every person ever born, whether they know it or not; therefore, **IF** the Way of Yahweh, **IS** the Words of His inerrant and everlasting teaching and instructions, the Words of His Torah of Life, as it is defined in Scripture, **THEN** the **WAY** of the enemy **IS** similar, our enemy satan **IS** a counterfeiter, therefore, the way of the serpent, **IS his teaching and instructions, his torah, if you will**, also known as the ways of the world, or better yet, the man made doctrines and man made theologies of the man made religions of the world, of which there are a plethora of.

Therefore let us look at these three categories and see what we can draw out of what the Psalmist is teaching us.

*The man that has chosen **NOT** to walk in the counsel of the ungodly.*

What is the *counsel* of the ungodly? As I mentioned above, the counsel of the ungodly **IS** the counterfeit torah of the serpent, and all of the seed or the words of the serpent, with which he will try to convince people to follow and obey. Now, a good counterfeiter tries to get his counterfeit looking as close to the original as possible, but, no matter how close he gets it, his counterfeit will always be **WORTHLESS**. Unfortunately, for many of the peoples of the world, that follow and obey the doctrines of any and all man made religions, have been deceived by satan, into believing that the Words of the Torah of our heavenly Father has been changed, or abolished or done away with, in whole or in part, and replaced by a plethora of man made religious and or secular doctrines, that have taken the world by storm, for today, we have at least sixty to seventy thousand man made Christian denominations, along with quite a few man made Catholic sects, Roman Catholics, Greek Orthodox Catholics, Russian orthodox Catholics, and host of Eastern Catholic denominations, and, we can't forget the man made religion of Judaism, that also have many different sects, and they **ALL teach** their own man made doctrines, their own versions, of the Words of our heavenly Father, that are very different than the actual Words of the Torah, that Yahweh Himself, gave to Mosheh at Mount Sinay. All these man made doctrines, have one thing in common, they have **ALL** been influenced, by satan, and therefore, they all deviate from the pure Word of our heavenly Father's Torah of Life. Scripture makes it very clear, that the only Path that leads to everlasting Life, in the kingdom of Elohim, **IS** the unaltered Word of our heavenly Father's Torah of life. Which means, that anyone that has chosen to believe, follow and obey **ANY** of the doctrines of these man made religious and or secular doctrines, will not find their way, to our heavenly Father's everlasting kingdom, unless they change their ways, and humbly choose to surrender their hearts, minds, souls and strength to our heavenly Father, repent of their Sins, and then, commit to believe, follow and obey all the Words of the Father's Torah.

Our heavenly Father has made it very clear that He does **NOT** want any of us to *stand in the way of sinners*, so we have to ask ourselves, What is the **WAY** of sinners? Well, Scripture makes it very clear, that Sin **IS** transgression of the Words of our heavenly Father's Torah of Life; so the way of Sinners, is the **WAY**, where people make the conscious decision, to reject any, or all the Words of the Torah of our heavenly Father.

In *1John 3:4* it says: *Whosoever commits Sin transgresses also the Torah, **WHY?** For Sin **IS** the transgression of the Torah.*

As I mentioned above, there are only two seeds, and one **IS** either standing for and obeying the Words of the Torah of Yahweh, which means that they are **NOT** Sinning, or they are standing for and obeying the doctrines, the torah, the law, of the word of the serpent; therefore, the man that does **NOT STAND** in the Way of Sinners, **IS** a man that **DOES Stand** in the Way of Yahweh, and the Way of Yahweh, according to Scripture **IS** the Words of our heavenly Father's Torah, His inerrant and everlasting teaching and instructions. And that man, will also speak out against the sinful nature of words of the seed of the serpent, and, as I showed you above, that is confirmed in *1John 3:4 Whosoever commits **SIN transgresses also the Torah** (the Law of YHVH): for **SIN IS the transgression of the Torah** (Law).*

Nor sits in the seat of the scornful.

What is the seat of the scornful? This is a judgement seat, and we are expressly commanded in the Torah and throughout all of Scripture, **NOT TO JUDGE**, *lest you be judged*, therefore the man that does **NOT SIT** in the seat of the scornful **IS** a man that is **NOT arrogant, NOR judgmental**, but, he is humble and committed to keeping and doing the Words of Yahweh, the Words of His Torah of Life, Yahweh's Ways of Righteousness.

The Psalmist is saying, that the man that does no evil, nor sits idly by, while evil is being carried out all around him, but instead speaks out against what is wrong, according to what is written in the Words of Yahweh's Torah of Life, the man that is not arrogant, nor judgmental, **THAT MAN will be blessed**. The Psalmist says that that man *shall be like a tree planted by the rivers of water; that brings forth his fruit (his works) in his season; his leaf also shall NOT wither; and whatsoever he does shall prosper*.

When I read this part of the **Psalm 1** I get really excited by what it tells me. First of all, this tells me that **IF I DO** what Yahweh wants me to do, and that is, **WILLINGLY AND LOVINGLY CHOOSE TO WALK IN HIS WAY AND FOLLOW AND OBEY THE WORDS OF HIS TORAH OF LIFE**, rather than the doctrines or instructions of the enemy, satan, I will be like a **TREE**.

What comes to mind when you think of a tree? Well, for me, I think of a mighty cedar tree, or a majestic oak tree, or a stately elm tree, and that is what I see when I meditate on what the Psalmist meant, when he used the analogy of a tree. When he says *he shall be planted*; what I see and hear, **IS** that that man will have a firm and unshakable foundation, a firm and well established root system **IF YOU WILL**, and that no matter what winds or storms or whatever circumstances befall him, or come along, he **WILL** be able to weather the storms of life. When I read the words *rivers of water*, I see Yahweh's Holy Spirit, I see the life giving qualities of the water, I see abundance, and lacking for nothing, I see fulfillment, joy and happiness. When I read the words *brings forth his fruit*, I see a life surrendered to the Word of Yahweh, the Living Torah, our Messiah, and producing the fruit of His Spirit, *love, joy, peace, longsuffering, gentleness, goodness, belief, faith, meekness, temperance*. When I read the words *his leaf also will NOT wither*, I see a long and healthy life, without even the hint of the diseases of the world coming near me. When I read the words *whatsoever he does WILL prosper*, I see prosperity, success, and not only monetary success, but success in my relationships with my wife, my children, my brothers and sisters, my co-workers, my associates, I see myself prospering in every relationship, because I have chosen to believe, follow and obey the Words of Yahweh, His Living Torah, that **IS** now living within me and guiding me through life, and therefore I know that I am on the right path, for Yahweh Himself told Mosheh in *Exodus 19:9* *And Yahweh said unto Mosheh, Lo, I come unto YOU MOSHEH in a thick cloud,*

WHY?

IN ORDER THAT THE PEOPLE OF THE WORLD may HEAR (shemah) when I SPEAK with YOU, and BELIEVE YOU MOSHEH, FOREVER.

It is very evident in Scripture, that from the beginning of time, Yahweh wanted us, and all the people of the whole world, to believe each and every Word that proceeds forth out of His Mouth onto the ears of Mosheh at Mount Sinai. The Creator of the Universe who created **ALL**

things through the Words of His inerrant and everlasting teaching and instructions, the Words of His Torah of Life, **WANTS** each and every person, that has ever lived to **BELIEVE** Mosheh, therefore, you can rest assured, that as for me and my house **WE WILL** indeed believe and obey Yahweh and **DO** what He has so clearly Commanded all of us to do, and that **IS, I will believe, follow, and obey the Words of Yahweh's Torah of Life, the very same Torah that He gave to Mosheh at Mount Sinai.**

As you read these *verses* in this Psalm, which is the reading for the 23rd day of the counting of the Omer, you are well on your way to the blessings promised in this Psalm, because you are being obedient to the Word of Yahweh, and obedience breeds obedience, and therefore you will **NOT** walk in the counsel of the ungodly, **NOR** stand in the way of sinners, **NOR** sit in the seat of the scornful, **BECAUSE** your surrendered heart will be filled with the Spirit of Yahweh as promised in *Ezekiel 36:27* and the Holy Spirit of Yahweh will **CAUSE YOUR SURRENDERED HEART** to be lead into a total loving surrendered obedient relationship with the Words of our heavenly Father's Torah of Life, His inerrant and everlasting teaching and instructions, His Directives for everlasting Life, made flesh, His Son, and our Messiah, for that is the Biblically stated **MANDATE** of the Holy Spirit of Yahweh. Surrender and be blessed my friends. *Shalom Alechem*

Studying and keeping Torah together as a community.

*Have a great Elohim blessed week and may Yahweh bless your every thought,
and your every deed. Until we meet again. Shalom Alechem!*