

# Counting of the Omer 2026

## Day 2

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As I sit at my desk and look out my window and contemplate on what Elohim has done for me in the past, I am simply in awe of who He is, and what He has done. I find myself compelled, to study His Word and see what gems I can find, what nuggets lie just below the surface, and what deep understandings He will show me today. What I would like you to see is that our relationship with our heavenly Father should be a voyage of new discoveries everyday, for He tells us that He will never leave us nor forsake us. Messiah told us that He came to give us life and to give it to us more abundantly, and all His treasures, including His promised abundant life is embedded in His Word, therefore **IT IS** up to each and everyone of us to search it out. So come with me today and let's see what Yahweh has in store for us. Let us begin with *Psalm 23*

### *Psalm 23:1-7*

*1 Yahweh is רֹעִי, Ro'iy, my shepherd; I shall not want. 2 He makes me to lie down in green pastures: he leads me beside the still waters. 3 He restores my soul: he leads me in the paths of righteousness for his Name's sake. 4 Yea, though I walk through the valley of the shadow of death, I will fear no evil: for You are with me; Your rod and Your staff, they comfort me. 5 You prepare a table before me in the presence of my enemies: You anoint my head with oil; my cup runs over. 6 Surely, goodness and mercy shall follow me, all the days of my life: and I will dwell in the house of Yahweh for ever.*

For today, let us look at the word רֹעִי, Ro'iy, Shepherd. It is Strong's number H7462, רעה, Ra'ah, which means, friend, companion, it also means, to pasture, tend to, graze, it means, he or she led the flock, directed, guided, ruled over, it means, to think, have the intention, to strive, **BUT**, it also has a negative meaning, it means, evil, wickedness, distress, misery, injury, ill favoured, unappealing, does not please, harm, hurt, wrong.

Therefore when the Psalmist says that Yahweh is his Ra'ah רעה, his Shepherd, it means that Yahweh is his companion, His friend, who leads, directs and guards him. And where does Yahweh lead him? Well the word Ra'ah רעה, also means, pasture, a place where animals can graze to their hearts content, and be at ease, and feel protected, cared for, and loved, a place where the wickedness of the world cannot touch them, because, they are being guarded by their Shepherd, their friend, the Creator of the universe, which means, that the Psalmist feels that he will never be in distress, nor suffer any misery, hurt nor any wrong, because, Yahweh is ruling over him and guarding him. Then, the Psalmist says, Since Yahweh has given me this bounty, represented by the word pasture, that, he feels fully satisfied and sated, and he wants for **NOTHING**. That is how Yahweh wants all of His children to feel, and please remember that **YOU**, are one of His children.

### *Psalm 119: 9-16*

*Wherewithal shall a young man cleanse his way? By taking heed (guard one's heart) according to Your Word (Torah). 10 With my whole heart have I sought You: O let me not wander from Your commandments (Torah). 11 Your Word (Torah) have I hid in my heart, that I might not Sin against*

*You. (Sin is transgression of Torah, 1 John 3:4) 12 Blessed art You, O Yahweh: teach me Your Statutes (Torah). 13 With my lips have I declared all the Judgments of Your Mouth (the Judgments of Yahweh's mouth, are the Words of His Torah). 14 I have rejoiced in the way of Your Testimonies (Torah), as much as in all riches. 15 I will meditate in Your Precepts (Torah), and have respect unto Your Ways (Torah). 16 I will delight myself in Your Statutes (Torah): I will **NOT** forget Your Word (Torah).*

Now let us analyze what Yahweh is telling us in these *verses*. First of all, I am sure that you can see that David, the Psalmist is madly in love with the Words contained in the Father's Torah, the inerrant and everlasting teaching and instructions of Yahweh. Therefore, let us look at all these eight *verses* and see what we can glean out of them.

*How can a young man **KEEP** his way **pure**?*

The only way to be pure that a person is pure, according to Scripture, **IS** by willingly choosing to believe, follow and obey the Words of Yahweh's inerrant and everlasting teaching and instructions, the Words of His Torah of Life. *Psalm 19: 7-9 The Torah (Law) of Yahweh is **PERFECT**, converting the soul: the Testimony of Yahweh is **SURE**, making wise the simple. 8 The Statutes of Yahweh are **RIGHT**, rejoicing the heart: the Commandment of Yahweh is **PURE**, enlightening the eyes. 9 The Fear of Yahweh is **CLEAN**, enduring for ever: the Judgments of Yahweh are **TRUE** and **RIGHTEOUS** altogether.*

The Psalmist then goes on to tell Yahweh, *With all my heart I have sought You;*

On this, the second day of counting the Omer, can we truly say that of ourselves; can we truly say that we are **SEEKING YAHWEH WITH ALL OF OUR HEARTS**? In *Matthew 6:33* it says, *seek you first the kingdom of Elohim, and His righteousness; (and if and when we do) then **ALL** these things shall be added unto you.*

What does it mean, to Seek Yahweh's righteousness? Scripture tells us what that means in *Deuteronomy 6:25 **IT SHALL BE OUR RIGHTEOUSNESS, IF we OBSERVE TO DO ALL** these Commandments before Yahweh our Elohim, as He has Commanded us.*

Can we truly say that we are indeed doing that, on a daily basis? If you are like me, then the answer is no. There are some days in my life, where, I am ashamed to say, that my Elohim has been an after thought, **BUT** like Paul, in his teaching or David in the Psalms, I too, want to change that aspect in my life, I want to truly be able to say, that I joyfully meditate in, and live by, the Words of His Torah every day of my life. We are all works in progress, and I believe, especially at this time, at the time of counting the Omer, where we are being obedient to one of Elohim's Commandments; it is time for all of us to examine ourselves, to examine our daily lives and see if we are truly seeking to know Him more and more.

*Do not let me wander from Your Commandments.*

How can we ask this of Him, unless we are willing to surrender our whole lives to Him, and commit to believe, follow and obey **ALL** the Words of His Torah of Life?

*Your Words I have treasured in my heart,*

Take a moment right **NOW**, and search your own heart, and then, ask yourself, can **I** truly say, I am **TREASURING YAHWEH's WORDS** in my heart? And **IF the answer is NO, THEN** maybe you should make a commitment right **NOW**, as you read these words, that you **WILL** begin, today, to treasure Yahweh's Words.

You might ask **WHY**, should we go to the trouble of treasuring Yahweh's Word in our hearts? The answer is very simple, we are to do that, in order *That we do **NOT SIN AGAINST HIM**. 1John 3:4 Sin is transgression of the Torah.*

After we learn to **TREASURE HIS WORD** in our hearts, the next step is to bless and praise Him.

*Blessed are You, O Yahweh;*

You might ask, **WHY** should we bless Yahweh, isn't He blessed already? We bless him so that He will continue to *Teach **US** His Statutes, contained in the Words of His Torah of Life.*

*With my lips I have told of all the Ordinances of Your Mouth*

The testimony that should be found on all of **OUR LIPS, IS**, Yahweh's ordinances, His Truth, the Words of His Torah of Life, for that is what He has commanded us to do from the very beginning of time, and, that **IS** what we should do, **IF** we truly love him, we must willingly and lovingly choose to surrender our wills to His will. And if we do that, then Yahweh, through His Holy Spirit, will change our lives for the better, and fill us with His love, for our brethren.

*I have rejoiced in the way of Your Testimonies, as much as in all riches*

Can you honestly say, that, that **IS** your testimony, have you truly rejoiced in Yahweh's ordinances, His Torah of Life, **MORE** than you rejoice in riches, in money? **IF NOT, THEN** maybe it is time to rethink your ways, and learn to truly delight and rejoice in His Word.

*I will meditate on Your precepts and regard Your ways.*

We should all take a page out of David's daily life, and begin to meditate in Yahweh's inerrant and everlasting teaching and instructions and regard **ALL OF HIS WAYS**.

And finally we are to: *Delight in **HIS** Statutes; **AND** Never forget His Word*, we are to incorporate His inerrant and everlasting teaching and instructions in our daily lives, and put His **righteous Ways** into practice, on a regular daily basis, and, we are **TO DO IT** in such a way that it becomes second nature to us, and an incredible delight to perform. That is who our heavenly Father wants us to be, He wants us to become doers of His Life giving Torah!!!

Exercise for the day: Read and Meditate on the Word of Elohim and do a self-introspect and judge for yourself, **IF** you are truly guarding your heart *according* to Yahweh's Word.

In *verse 9* through *16* the first word of every *verse* begins with the letter Bet, and the letter Bet, has a pictographic meaning, of a house, but it also means, putting a thought into action, it means manifesting or creating what is on your mind; therefore these next *verses* are telling us, to put actions to our thoughts, our beliefs, for beliefs without actions are dead.

*Verse 9 Wherewithal shall a young man cleanse his way? By taking heed thereto according to Your Word, Your Torah of Life!*

Here David the Psalmist asks, how can a young man cleanse his way? In other words, what standard is a young man or anyone for that matter supposed to use, to lead their lives in such a way, that their lives will be pure and acceptable to Yahweh? Then David answers his own question, and says, every young man can purify his lifestyle, his mind, his heart and soul by learning to Shema the Words of Yahweh's inerrant and everlasting teaching and instructions, His Torah of Life, Yahweh's Living Word, Yahweh's Word made flesh, our Messiah.

*Verse 10 With my whole heart have I sought You: O let me not wander from Your Commandments* (מִצְוֹת, Mitzvot, from the word Mitzvah, which means command, precept, commandment, religious act, meritorious deed).

Here the Psalmist tells us the desires of his heart and how he seeks Yahweh with his whole heart, and he does this, because he wants to be obedient to Elohim and follow His Commandments, *Deuteronomy 4:29 But if from where you are held captive you shall seek Yahweh your Elohim, you SHALL find Him, IF YOU SEEK HIM with all your heart and with ALL your soul. 30 When you are in tribulation, and all these things are come upon you, even in the latter days, IF you turn to Yahweh your Elohim, and shall be obedient unto His Voice (Torah); 31 (For Yahweh your Elohim is a merciful Elohim;) He will NOT forsake you, neither destroy you, nor forget the covenant of your fathers which He swore unto them.*

Once the Psalmist has told Elohim of his diligent search for Him, the Psalmist then implores Elohim **NOT** to let him wander away from His Commandments, away from His inerrant and everlasting teaching and instructions, His Torah of Life. Why would the Psalmist make that request? The Psalmist makes that request **BECAUSE** He knows his own heart, how it is prone to wander, and he knows, that the Scriptures, teach us that the Word of Elohim, His Commandments, His Statutes, His Ordinances, His Precepts, His Testimonies which are **ALL PART** of His inerrant and everlasting Torah, **ARE LIFE TO HIM, BUT ONLY IF** he can learn to willingly believe, follow, and obey the Torah of Yahweh with a surrendered contrite obedient and loving heart on a daily basis, therefore He asks Yahweh to help him stay focused on the Words of His Torah.

*Verse 11 Your Word have I hid in my heart, that I might NOT SIN against You.*

Here in this *verse* the Psalmist is well aware that the Scriptures tell us that man always speaks what is on his heart, therefore he tells Yahweh that he has hidden Yahweh's inerrant and everlasting Word in his heart, He has internalized the Father's Torah of Life, so that he will **NOT SIN** against Elohim. Like John, the Apostle, this Psalmist also knew that **SIN IS** transgression of the Torah, and therefore he tells Elohim that to the best of his ability, he has purposely filled his heart with the Word of Yahweh, so that he will **NOT** transgress Yahweh's Torah of Life.

*Verse 12 Blessed are You, O Yahweh: teach me Your Statutes*

(צו, Choq, something prescribed, enactment, decree, statute, law, rule, prescribed portion, prescribed due, justness, truth, necessity, obligation).

Here we see that the Psalmist **IS** very aware that Yahweh is blessed, because Yahweh **IS** always true to His Word, which is embedded with **ALL** of His blessings; therefore he asks Yahweh to teach him His Torah, His decree, His Law, His enactments, His inerrant and everlasting teaching and instructions, His Directives on how the Psalmist and everyone else for that matter are to live their lives, in Yahweh's prescribed manner, in order to activate **ALL** of Yahweh's promises that are embedded in His Torah, His Word, promises that are automatically activated through loving surrendered obedience to His Choq, His Statutes, His Law, His Torah.

*Verse 13 With my lips have I declared all the judgments of Your mouth,*

(Judgment, Mishpat, משפט, does mean judgement, but it also means seat of judgement, cause, case, suit, sentence, justice, right, ordinance, decision, due, privilege, lawful).

Here again we have to be aware that the mouth speaks what is on a man's heart, and the Psalmist says, that with his lips he has declared, he has avowed **ALL** the judgments that have come from the Mouth of Elohim. The Psalmist **IS** very well aware that Yahweh says in *Deuteronomy 8:3* **And Yahweh humbled you, and suffered you to hunger, and fed you with manna, which you knew not, neither did your fathers know; that He might make you know that man DOES NOT Live by bread only, BUT by EVERY WORD that proceeds out of the Mouth of YHVH does man live.**

And we are to be aware that this very same message is also found in the words of Messiah, who said to all of us in *Matthew 4:4* **But He answered and said, It is written, Man shall NOT live by bread alone, but by EVERY WORD that proceeds out of the Mouth of Elohim.**

The Psalmist tells us **WHAT** he has declared, and he confirms to **US** that it is Yahweh Himself that sits on the Seat of Judgment, which means that He is the One that will judge our Lives, and His measuring stick is the Words of His Torah, whether or **NOT** we have obeyed His Words and done what is Lawful, whether or Not we have chosen to believe, follow, obey and Do the Father's Torah of Life or **NOT**.

*Verse 14 I have rejoiced in the WAY*

(דרך, Orach, means, path, way, route, mode, manner, way of life).

*Of Your Testimonies*

(עדות, Edot is from the plural form of the word Ed, עד, which means witness, testimony, but it also means, perpetuity, eternity),

*As much as in all riches.*

Here the Psalmist tells us that he truly rejoices in keeping and doing the Ways of Yahweh, he enjoys walking on Yahweh's Path of Righteousness, walking in obedience to Yahweh's Torah of Life, which He so graciously wrote down on tablets of Stone to give to us as an everlasting **WITNESS** as to how we are all to live our lives, and the Psalmist affirms that he rejoices more, in believing, following, obeying and **DOING** Yahweh's Torah of Life, than he would rejoice in having all the wealth of the world. The Psalmist is telling us that in his experiences of willing and lovingly keeping and doing

Yahweh's Torah, there is much more joy than in possessing all the wealth and beauty of the world. What we have to ask ourselves therefore, **IS, IS** the Torah of Yahweh, His infinite Wisdom, written on tablets of stone **PRICELESS to US?**

*Verse 15 I will meditate in Your precepts*

(פקד or פקוד, Peqad, means, he attended to, observed, he commanded, ordered, he mustered, passed in review, he numbered, counted, he remembered, recalled, he punished, took revenge, he visited),

*And have respect unto Your WAYS*

(ארח, Orach, means, path, way, route, mode, manner, way of life).

Here the Psalmist makes a commitment that I believe we should **ALL** make. He commits to meditate on what Yahweh has commanded him to do, meditate on all of Yahweh's Word, His Precepts, His Torah, and learn to have respect for what His Word actually says, and **NOT** what man says. In other words, the Psalmist has just committed to believe, follow, obey and **DO ALL** the Words of the Torah of Elohim, every day of his life.

*Verse 16 I will delight myself in Your Statutes*

(חוק, Choq, something prescribed, enactment, decree, statute, law, rule, prescribed portion, prescribed due, justness, truth, necessity, obligation).

*I will **NOT** forget Your **Word**.*

Here the Psalmist goes even further and says, **NOT** only will I keep and obey your Ways, Your Torah, **BUT I will DELIGHT myself in Your Words**, then the Psalmist promises Elohim that he will **NEVER** forget His Word. Can **YOU**, and will **YOU**, make that same commitment? Amein. Until we talk again tomorrow. *Shalom Alechem.*

*Studying and keeping Torah together as a community.*

*Have a great Elohim blessed week and may Yahweh bless your every thought, and your every deed. Until we meet again, שְׁלוֹם עֲלֵיכֶם, Shalom Aleykem. Amein!*